



Chamonix HIGGINSON

SPEAKER KIT 2023

Why Book Cha?

Cha creates engaging and deeply transformational experiences that reach far beyond the standard leadership trainings you are used to. Her uncanny ability to connect with the soul and speak directly to the heart activates audiences in a way that ignites purpose and engages creative self leadership.

Cha will challenge what you believe, expand your consciousness, ignite your creative potential and enhance your ability to make aligned and impactful choices. Cha helps individuals and organisations leverage all life and career challenges to access new possibilities with ease.

Her goal is simple: helping you get out of your own way so you can create positive impact on your own terms and live out your unique purpose with unshakeable confidence.



What they said

- “ Cha has a “no-fluff” attitude when it comes to her work. There are no rules and only truth. As a skilled hypnotherapist and leadership coach, you know that you will be transformed in the best possible way every time you are with her. We cannot recommend Cha’s work enough! “ - The Gaia Guide
- “ Professional, impactful and thought provoking, I highly recommend Cha as a presenter. - Andrea Walters AIM WA
- “ Cha was an incredibly intuitive speaker, able to read the room really well to serve our members. Everyone was moved by Cha's energy, words and the exercises she took us through.
-Ashley Matkovik, CEO Fusion Biz Co



Consciously creating innovation + impact

Cha has a life-long fascination for human behaviour and an innate ability to see what lies beyond ordinary perception. She has been nicknamed the "Mindset Magician" and brings practical mysticism to the modern world in a relatable, effective and simple way. Her straightforward attitude and witty humour work to create rapport and trust whilst exploring areas of opportunity, designing tailored growth strategies and harmonising the dynamics within spaces and organisations.

Cha's diverse experience and extensive training, devoted practice and intuitive gifts, led her to create a connected, compassionate and trauma-informed approach that is focused on self-healing and self-responsibility. By peeling back the layers of limiting beliefs and false identities, Cha helps individuals rebuild a solid foundation of self-worth, discover their true passions and how to create meaning in life and work. **This approach, from the inside out, has proven to yield phenomenal results in team culture, leadership, overall wellness, productivity and attendance.**

Using the pioneering modality of Rapid Transformational Hypnotherapy, combined with Psychology of Space, Minimalism, Mindfulness and Integrated Shamanism, Cha invites Founders and CEOs to challenge everything they have been taught about doing business. By anchoring into their core and igniting the potential of their own unique essence, Cha guides leaders and teams to pave the way to a new concept of business focused on positive impact, meaning and connection within our communities.

With a balance of practical science and grounded spirituality, Cha will demonstrate that you already have all the answers, resources and the creative power within your team to manifest your most ambitious goals in a truly unique and authentic way.



TOPIC 1

Get out of your own way

Allowing inspiration and creativity to lead the way requires a process of putting the mind at ease. Learn how to master your emotional state to make your mind a powerful ally.

AUDIENCES WILL

- discover the rules of the mind and why "self-sabotage" is not really a thing
- understand subconscious programming and learn to reverse-engineer mindset
- increase your self-awareness and self-compassion
- practice simple yet effective mindfulness techniques
- discover the profound impact your environment has on your mindset
- learn how to create an intentional living/working space

Optional: deep healing group hypnosis session

"Simply mind-blowing"



TOPIC 2

Embodied Leadership

Discover how emotional intelligence and embodiment can change the world

AUDIENCES WILL

- discover the difference between feminine and masculine traits
- how to balance divine feminine and sacred masculine within our self
- why we burn out and how to avoid it
- understanding attachment styles and setting healthy boundaries
- harness conscious and collaborative leadership in business and life
- energy management techniques and core embodiment mastery
- finding strength in vulnerability

Optional: deep healing group hypnosis session

"So empowering and aspirational"



TOPIC 3

Heartscaping

Creating magnetic success with authentic confidence

AUDIENCES WILL

- understand the difference between the authentic and true self
- discover collective and individual purpose
- learn to differentiate instinct from intuition
- weed out subconscious limitations
- develop emotional intelligence
- discover how to trust intuitive intelligence
- align their mindset and increase their magnetism
- access deeper states of consciousness and higher perspectives

Optional: deep healing group hypnosis session

"Transformational on every level"



TOPIC 4

Mastering Flow State

Understanding Universal Consciousness and interconnectedness

AUDIENCES WILL

- discover how universal consciousness manifests in the physical
- understand how to uncondition our core values
- discover the influence the land has on our wellbeing
- learn the meaning and importance of integration
- develop a deeper connection to self
- activate deeper knowing and innate gifts
- learn how to consciously create the experience we desire

Optional: deep healing group hypnosis session

"Incredibly insightful"



TOPIC 5

Overcoming Fears in Business

Accessing, understanding and overcoming the real source of fear.

AUDIENCES WILL

- understand the symptoms and effects of anxiety VS stress
- discover the primary fears faced by business owners and underlying causes
- understand perfectionism and imposter syndrome
- learn how to develop higher consciousness to release fear
- develop an authentic and sustainable growth strategy
- activate deeper self trust and confidence

Optional: deep healing group hypnosis session

"Deeply impactful"

audience feedback

- “ A beyond reality experience”
- “ I have learned so much in just one session with you- anything is possible!”
- “ I am in absolute awe after the event yesterday- I have been feeling so at ease and some huge anxiety I have been struggling iwth for over 2 years seems to have disappeared- thank you beyond words.
- “ Compassionate, insightful and hilarious”:





TO ELABORATE ON TOPICS:



Workshops

To dive deeper into these keynote topics and generate an integrated experience, workshops can be tailored to groups or individuals; including resources, workbooks, 1:1 support and feedback.

Cha is an experienced facilitator who creates a safe and supportive environment for participants to stretch way beyond their comfort zone and reveal deeper insights and greater levels of healing and awareness.

Wellness Program

CALM + CONNECTED : 4 PART SERIES (ONLINE OR IN-PERSON)

Learn effective tools and techniques to get out of your head and be your best self, at work and in life! This fun and interactive training series includes downloadable audios and a workbook for each participant.



PARTICIPANTS WILL LEARN TO

- Understand the neuroscience of mindfulness
- Reset their mindset and nervous system
- Practice different meditation techniques
- Increase self-awareness and self-compassion
- Practice effective breathwork exercises for specific purposes
- Develop sustainable self-care routines
- Create bite-size practices to support them in busy times

Team Building Immersion

FULL DAY CREATIVE EXPERIENCE

Where strategy meets creativity and collaboration leads to innovation
Co-create a large-scale artwork that captures your values, skills and relationships.



PARTICIPANTS WILL

- Understand the process of creativity
- Develop mindset and creative capability
- Practice different states of awareness
- Increase self-awareness and self-compassion
- Practice mindful communication
- Develop meaningful connections and develop relationships
- Practice flow states and practical tools to enhance focus

ONGOING SUPPORT



Follow-up sessions

Strategic online sessions on specific topics to support your team through challenging times (group workshops or 1:1 consultations)

Common topics include, but are not limited to:

- Imposter syndrome
- Nervous system regulation
- Trauma recovery
- Recovering from burnout
- Leadership challenges

Team feedback



- “ I could listen to Cha speak for hours. She has this beautiful way of communicating. I walked away with so much clarity and had so many lightbulb moments. I have such a deeper understanding of myself.
- “ Cha made me feel heard, valued and understood
- “ Cha is as interesting as she is hilarious! All the information was easy to understand and he provides such incredible resources for me in both my personal and professional life. I highly recommend her work to anyone who is committed to success.

Past clients include



City of
Melville



Women
Leaders
Institute



Australian
Institute of
Management
WESTERN AUSTRALIA



MONARCH
MANAGEMENT

THE
Gaia
guide

YOUNG  LIVING®
ESSENTIAL OILS

bare & wild
DISCOVER WELLNESS

moore & moore

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